

# Summary of Benefits

**2025**

Fresno  
Imperial  
Kern  
Kings  
Los Angeles  
Madera  
Orange  
Riverside

Sacramento  
San Bernardino  
San Diego  
San Francisco  
San Joaquin  
San Mateo  
Santa Clara  
Tulare

**Central Health Valor  
Care Plan (HMO) (30)**

# 2025 Summary of Benefits

## Central Health Valor Care Plan (HMO) H5649-030

January 1, 2025 - December 31, 2025.

Central Health Medicare Plan is an HMO/HMO SNP with a Medicare contract. Enrollment in Central Health Medicare Plan depends on contract renewal.

The benefit information provided does not list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, please access the “Evidence of Coverage” at [www.centralhealthplan.com](http://www.centralhealthplan.com).

To join **Central Health Valor Care Plan (HMO)** you must be entitled to Medicare Part A, be enrolled in Medicare Part B, and live in our service area. Our service area includes the following counties in California: Fresno, Imperial, Kern, Kings, Los Angeles, Madera, Orange, Riverside, Sacramento, San Bernardino, San Diego, San Francisco, San Joaquin, San Mateo, Santa Clara and Tulare.

Except in emergency or urgent situations, if you use providers that are not in our network, we may not pay for these services.

For coverage and costs of Original Medicare, look in your current “**Medicare & You**” handbook. View it online at [Medicare.gov](http://Medicare.gov) or get a copy by calling 1-800-MEDICARE (1-800-633-4227) available 24 hours, 7 days a week including some federal holidays. TTY/TDD users should call 1-877-486-2048.

This document is available in other formats such as Braille, large print or audio.

**Have questions?** Please call Central Health Medicare Plan Member Services Department at (866) 314-2427, TTY: 711, 8 a.m. – 8 p.m. PST, 7 days a week (October 1 – March 31) & Monday – Friday (April 1 – September 30) or visit our website at [www.centralhealthplan.com](http://www.centralhealthplan.com).

Premium & Benefits	Central Health Valor Care Plan (HMO) (30)
<b>Monthly Plan Premium</b> You must keep paying your Medicare Part B premium.	<b>\$0</b>
<b>Part B Rebate</b>	<b>\$75 per month</b>
<b>Deductible</b>	<b>No deductible</b>
<b>Maximum Out-of-Pocket Responsibility</b> (does not include prescription drugs)	<b>No more than \$4,999 annually</b>
<b>Inpatient Hospital*</b>	<b>\$285 copay</b> per day for days 1 - 6  <b>\$0 copay</b> per day for days 7 - 90
<b>Outpatient Hospital*‡</b>	<b>\$0 - \$295 copay</b>
<b>Ambulatory Surgery Center*</b>	<b>\$0 copay</b>
<b>Doctor Visits</b> <ul style="list-style-type: none"> <li>• Primary care providers</li> <li>• Specialists*</li> </ul>	<b>\$0 copay</b> <b>\$0 copay</b>
<b>Preventive Care</b> Other preventive services are available. <ul style="list-style-type: none"> <li>• Flu vaccine, diabetic screenings, etc.*</li> </ul>	<b>\$0 copay</b>
<b>Emergency Care</b> Copayment waived if admitted to the hospital or readmitted to the ER within 72 hours	<b>\$0 - \$125 copay</b>
<b>Urgent Care</b>	<b>\$0 copay</b>

\* Services may require authorization.

‡ Please reference Evidence of Coverage (EOC) for details on specific services.

Premium & Benefits	Central Health Valor Care Plan (HMO) (30)
<b>Diagnostic Services/Labs/Imaging*</b> <ul style="list-style-type: none"> <li>• Diagnostic tests and procedures</li> <li>• Lab services</li> <li>• MRI, CAT scan</li> <li>• X-rays</li> </ul>	<p><b>\$0 copay</b></p> <p><b>\$0 copay</b></p> <p><b>\$100 copay</b></p> <p><b>\$0 copay</b></p>
<b>Hearing Services*</b> <ul style="list-style-type: none"> <li>• Medicare-covered hearing exam</li> <li>• Routine hearing exam One per year</li> <li>• Hearing aid fittings and evaluations One per year</li> <li>• Hearing aid</li> </ul>	<p><b>\$0 copay</b></p> <p><b>\$0 copay</b></p> <p><b>\$0 copay</b></p> <p><b>\$49 copay per hearing aid for the entry model</b></p> <p><b>\$149 copay per hearing aid for the basic model</b></p> <p><b>\$449 copay per hearing aid for the prime model</b></p> <p><b>\$849 copay per hearing aid for the preferred model</b></p> <p><b>\$1,049 copay per hearing aid for the advanced model</b></p> <p><b>\$1,549 copay per hearing aid for the premium model</b></p> <p><b>You receive 2 hearing aids every 3 years</b></p>

\* Services may require authorization.

Premium & Benefits	Central Health Valor Care Plan (HMO) (30)
<p><b>Dental Services†*</b></p> <ul style="list-style-type: none"> <li>• Medicare-covered dental services</li> <li>• Preventive dental               <ul style="list-style-type: none"> <li>◦ Oral exams</li> <li>◦ X-rays</li> <li>◦ Cleanings</li> </ul> </li> </ul> <p><b>Comprehensive Dental*</b></p> <ul style="list-style-type: none"> <li>• Restorative Services</li> <li>• Endodontics</li> <li>• Periodontics</li> <li>• Prosthodontics removable</li> <li>• Prosthetics</li> <li>• Implant Services</li> <li>• Prosthodontics fixed</li> <li>• Oral and Maxillofacial Surgery</li> <li>• Orthodontics</li> <li>• Adjunctive General Services</li> </ul>	<p><b>\$0 copay</b></p> <p><b>\$0 copay</b></p> <p><b>\$0 copay</b></p> <p><b>\$0 copay</b></p> <p><b>\$25 - \$400 copay</b></p> <p><b>\$25 - \$720 copay</b></p> <p><b>\$0 - \$780 copay</b></p> <p><b>\$0 - \$600 copay</b></p> <p><b>Not Covered</b></p> <p><b>\$45 - \$2,160 copay</b></p> <p><b>\$0 - \$840 copay</b></p> <p><b>\$0 - \$380 copay</b></p> <p><b>Not Covered</b></p> <p><b>\$0 - \$300 copay</b></p>
<p><b>Vision Services*†</b></p> <ul style="list-style-type: none"> <li>• Medicare-covered eye exams</li> <li>• Medicare-covered eyewear</li> <li>• Routine eye exam</li> <li>• Retinal imaging</li> <li>• Eyewear allowance</li> </ul>	<p><b>\$0 copay</b></p> <p><b>\$0 copay</b></p> <p><b>\$0 copay</b></p> <p>One exam per year</p> <p><b>\$0 copay</b></p> <p>One exam per year</p> <p><b>Up to \$150 per year</b></p>
<p><b>Mental Health Services*</b></p> <ul style="list-style-type: none"> <li>• Outpatient individual therapy</li> <li>• Outpatient group therapy</li> </ul>	<p><b>\$0 copay</b></p> <p><b>\$0 copay</b></p>

† Limitations may apply. See your EOC for details.

\* Services may require authorization.

Premium & Benefits	Central Health Valor Care Plan (HMO) (30)
<b>Skilled Nursing Facility (SNF)*</b>	<b>\$0 copay</b> per day for days 1–20 <b>\$204 copay</b> per day for days 21–100  <b>These are 2024 cost-sharing amounts and may change for 2025. We will provide updated rates at <a href="http://www.centralhealthplan.com">www.centralhealthplan.com</a> as soon as they are released.</b>
<b>Physical Therapy*</b>	<b>\$0 copay</b>
<b>Ambulance (Ground)*</b>	<b>\$0 - \$275 copay per ride</b>
<b>Ambulance (Air)*</b>	<b>20% coinsurance</b>
<b>Transportation*</b>	<b>Not covered</b>
<b>Medicare Part B Drugs*</b> <ul style="list-style-type: none"> <li>• Chemotherapy drugs</li> <li>• Other Part B drugs</li> <li>• Part B insulin drugs</li> </ul>	<b>20% coinsurance unless capped by Inflation Reduction Act (IRA) rules</b> <b>20% coinsurance unless capped by Inflation Reduction Act (IRA) rules</b> <b>\$35 copay</b>

\* Services may require authorization.

## Outpatient Prescription Drugs

### Central Health Valor Care Plan (HMO) (30)

**Part D Deductible  
(Tiers 2 to 5)**

**Central Health Valor Care Plan does not have Part D coverage**

**Retail Rx 31-day supply**

**Mail Order 100-day supply**

**Part D Insulins  
Tier 3 – Preferred Brand**

**Not available**

**Not available**

**Initial Coverage**

You are in the Initial Coverage Phase until your year-to-date “out-of-pocket costs” (your payments) reach a total of \$2,000

**Tier 1 – Preferred Generic**

**Not available**

**Not available**

**Tier 2 – Generic**

**Not available**

**Not available**

**Tier 3 – Preferred Brand**

**Not available**

**Not available**

**Tier 4 – Non-Preferred Brand**

**Not available**

**Not available**

**Tier 5 – Specialty Tier**

**Not available**

**Not available**

**Tier 6 – Select Care**

**Not available**

**Not available**

**Catastrophic Coverage**

You are in this stage after your year-to-date “out-of-pocket costs” (your payments) reach a total of \$2,000

**Central Health Valor Care Plan does not have Part D coverage**

Extra Benefits	Central Health Valor Care Plan (HMO) (30)
<b>24/7 Telehealth</b>	<b>\$0 copay</b>
<b>Acupuncture*</b> <ul style="list-style-type: none"> <li>• Medicare-covered acupuncture</li> <li>• Routine acupuncture</li> </ul>	<b>\$0 copay</b> <b>\$0 copay</b> <b>Up to 30 visits every year combined with Routine Chiropractic services.</b>
<b>Chiropractic Services*</b> <ul style="list-style-type: none"> <li>• Medicare-covered chiropractic care</li> <li>• Routine chiropractic care</li> </ul>	<b>\$0 copay</b> <b>\$0 copay</b> <b>Up to 30 visits every year combined with Routine Acupuncture services.</b>
<b>Durable Medical Equipment (DME)*</b>	<b>\$0 - 20% coinsurance</b>
<b>Gym Membership*</b>	<b>\$0 copay</b>
<b>Meals (Made Easy Meals)*‡</b>	<b>Receive 15 meals each week, for 6 weeks (90 total meals) for a \$0 copay per meal. Meal delivery is included 1 time per week. Receive up to 30 additional meals for a \$5 copay per meal.</b>
<b>Personal Emergency Response System (PERS)*</b>	<b>\$0 copay</b>
<b>Worldwide Emergency Care</b> <ul style="list-style-type: none"> <li>• Urgent Care</li> <li>• Emergency Room</li> <li>• Emergency Transportation</li> </ul>	<b>\$125 copay</b> <b>Coverage up to \$50,000</b>

\* Services may require authorization.

‡ Please reference Evidence of Coverage (EOC) for details on specific services.



**Extra Benefits**

**Central Health Valor Care Plan (HMO)  
(30)**

**Optional Supplemental Enhanced Dental Benefits**

Additional dental coverage is available for \$21 per month.

Coverage is up to \$1,500 per year for non-network providers

Preventive dental services: 10% coinsurance  
Comprehensive dental services: 70% coinsurance