



# Just the Fax

A fax bulletin from Molina Healthcare of Washington – August 6, 2024

## Preventive Health Guideline Update (Medicaid, Marketplace, Medicare)

**Preventive Health Guidelines (PHG)** can benefit providers and their patients. Guidelines are based on scientific evidence, a review of the medical literature, or appropriately established authority, as cited. All recommendations are based on published consensus guidelines and do not favor any particular treatment based solely on cost considerations. These guidelines are meant to recommend a standard level of care and do not preclude the delivery of additional preventive services depending on the individual needs of the patient.

Molina Healthcare reviewed/adopted the following Preventive Health Guidelines:

Type of Guideline	Guideline Title	Molina Review Date	Summary of Changes and Source
Preventive Health Guideline (PHG)	Adult Preventive Services Recommendations	06/14/2024	Updated for 2024: A Recommendation for exercise interventions to prevent falls in community-dwelling adults 65 years and older who are at increased risk for falls was added.  Source: <a href="https://www.uspreventiveservicestaskforce.org/uspstf/topic_search_results?topic_status=P">https://www.uspreventiveservicestaskforce.org/uspstf/topic_search_results?topic_status=P</a>

You can also view all guidelines at MolinaHealthcare.com by accessing the Health Resources section within our provider webpages. To request printed copies of Clinical Practice and Preventive Health Guidelines, please contact the Provider Services Call Center (855) 322-4082 from 7:30 a.m. - 6:30 p.m., Monday to Friday, PT.