

# Provider Toolkit - Parenting and Pregnant Women with Opioid Use Disorder (OUD)

- + Provider and Clinical Guidance
  - Provider Guidance for Pregnant and Parenting Women with OUD
  - Clinical Guidance and References
  - Florida Guidelines and Resources
- + Medication Assisted Treatment/OUD Treatment Providers
- + Office-Based Opioid Treatment (OBOT)
  - Office-Based Opioid Treatment (OBOT) Certification
- + Resources for Providers
  - Professional Resources
  - Professional Online Trainings and Videos
  - SBIRT Toolkit
- + Materials for Pregnant and Parenting Women

The Molina FL Maternity program addresses the special needs of pregnant women and infants, including pregnant women with incidence of substance misuse/abuse, lifestyle risks such as obesity and tobacco use, and other chronic conditions. The primary goal of the program is the delivery of a healthy newborn and to reduce and prevent pregnancy-related and other complications. Our specialized Maternity program, provides comprehensive, integrated case management by experienced obstetric nurses with expertise in serious mental illness and substance use disorder during pregnancy, The goal is to prevent and reduce complications related to substance use and provide treatment during pregnancy with the clinical goals of minimizing impacts to the neonate, preventing relapse, promoting recovery, and strengthening the mother's ability to care for herself and her infant. The program is designed to increase the member's awareness of her condition and the value of treatment and self-management.

You can refer a member to the Maternity program for care management and peer support by contacting [MFLCaseManagement@MolinaHealthCare.Com](mailto:MFLCaseManagement@MolinaHealthCare.Com)

### **Clinical Guidance and References**

SAMHSA Clinical Guidance for Treating Pregnant and Parenting Women with Opioid Use Disorder and Their Infants

<https://store.samhsa.gov/product/Clinical-Guidance-for-Treating-Pregnant-and-Parenting-Women-With-Opioid-Use-Disorder-and-Their-Infants/SMA18-5054>

American College of Obstetricians and Gynecologists Patient Safety Bundle Obstetric Care for Women with Opioid Use Disorder

<https://safehealthcareforeverywoman.org/patient-safety-bundles/obstetric-care-for-women-with-opioid-use-disorder/>

Council on Patient Safety in Women's Health - National Collaborative on Maternal OUD Alliance for Innovation in Maternal Health (AIM)

<https://safehealthcareforeverywoman.org/national-collaborative-on-maternal-oud/#1544469801257-27a6d4c7-5278>

Opioid Use and Opioid Use Disorder in Pregnancy. Committee Opinion No. 711. The American College of Obstetricians and Gynecologists (ACOG). August 2017

<https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2017/08/opioid-use-and-opioid-use-disorder-in-pregnancy>

Society of Maternal Fetal Medicine Special Report - Substance use disorders in pregnancy: clinical, ethical, and research imperatives of the opioid epidemic: a report of a joint workshop of the Society for Maternal-Fetal Medicine, American College of Obstetricians and Gynecologists, and American Society of Addiction Medicine; 2019

<https://www.smfm.org/publications/275-smfm-special-report-substance-use-disorders-in-pregnancy-clinical-ethical-and-research-imperatives-of-the-opioid-epidemic>

### **Florida Guidelines and Resources**

Maternal Opioid Recovery Effort (MORE)

<https://health.usf.edu/publichealth/chiles/fpqc/MORE>

Opioid Use During Pregnancy Florida Pregnancy-Associated Mortality Review (PAMR) March 2020 <http://www.floridahealth.gov/statistics-and-data/PAMR/documents/opioid-use-during-pregnancy.pdf>

Florida Controlled Substance Monitoring Program database: Register and check the database if substance use is suspected but not verified by the pregnant woman.

<https://florida.pmpaware.net>

Florida Department of Family and Children  
<https://www.myflfamilies.com/service-programs/samh/substance-abuse.shtml>

FPQC online toolbox for providers/hospitals  
<https://health.usf.edu/publichealth/chiles/fpqc/nas/toolbox>

Florida Maternal and Neonatal Opioid Initiatives  
<https://health.usf.edu/publichealth/chiles/fpqc/opioids>

#### **Medication Assisted Treatment/ODU Treatment Providers**

Florida Medication Assisted Treatment (MAT) Programs for Pregnant Women  
<https://www.myflfamilies.com/service-programs/samh/docs/MethadoneClinicList.pdf>

Florida Certified Recovery Residences list - includes indicator for pregnant women  
<https://www.myflfamilies.com/service-programs/samh/recovery-residence/docs/FARR%20Certified%20Recovery%20Residences.pdf>

SAMHSA Opioid Treatment Program Directory – certified MAT providers:  
<https://dpt2.samhsa.gov/treatment/directory.aspx>

Office-Based Opioid Treatment (OBOT) providers  
<https://www.samhsa.gov/medication-assisted-treatment/practitioner-program-data/treatment-practitioner-locator>

National Clinician Consultation Line (NCCL): Substance use warmline peer-to-peer consultation and decision support - free and confidential consultation for clinicians with national experts from the Clinician Consultation Center at San Francisco General Hospital focusing on substance use in primary care  
<https://nccc.ucsf.edu/clinician-consultation/substance-use-management/>

Office-Based Opioid Treatment (OBOT) – obstetric practitioners interested in providing office-based opioid treatment <Link to information>

#### **Community Resources**

Home visitation - *Florida's Maternal, Infant and Early Childhood Home Visiting (FL MIECHV) Program* includes Heathy Start, Nurse Family Partnership, Healthy Families, Parents as Teachers. Local agencies offer home visits to expectant and new families in high need communities and work with parents to build their skills and knowledge in their most important role – raising healthy, safe and successful children. Services are provided free of charge to families seeking help.

Connect – to make a referral. *Connect* is the coordinated intake and referral program <https://www.healthstartflorida.com/programs-initiatives/connect/>

Site map of agencies:

<https://www.flmiechv.com/florida-home-visiting-sites-map/>

#### Housing -

Florida's Health Outcomes through Meaningful Engagement (H.O.M.E) program assists members who are homeless or at-risk of becoming homeless. The program helps members take care of their health through housing supports, connects members with services in their community, including resources to help members obtain or keep housing. This program is available in the following six counties: Brevard, Orange, Osceola, Pasco, Pinellas, and Seminole. For more information, please call Molina Member Services at (866) 472-4585 or via email to [MCCFLHOME@molinahealthcare.com](mailto:MCCFLHOME@molinahealthcare.com)

Gateway Jacksonville Recovery Housing

<https://www.gatewaycommunity.com/addiction-rehabilitation-recovery-housing/>

First Coast List of Maternity Homes – Jacksonville area

<https://fcws.org/programs/community-resources/maternity-homes/>

Covenant House Orlando - homeless shelter for youth experiencing or at risk of experiencing homelessness (ages 18-21 including young parents and their babies). Orlando serves youth in Orange, Seminole, and Osceola counties.

<https://www.covenanthouse.org/homeless-shelters/orlando-florida>

Alpha House Pinellas County

<http://alphahousepinellas.org/>

#### Professional Online Trainings and Videos

##### Universal Screening

Indiana University SBIRT@IUSM

Course 1: Understanding SBIRT (OBGYN Version) (Introductory)

<http://iusbirt.org/course-1-obgyn-full-version/>

ACOG District II Podcast

<https://www.acog.org/community/districts-and-sections/district-ii/programs-and-resources/medical-education/opioid-use-disorder-in-pregnancy>

SBIRTtraining with CME Credit

<https://sbirt.clinicalencounters.com/>

Pregnant and Parenting Women with Opioid Use Disorder (OUD)

American College of Obstetricians Webinar – Caring for pregnant and breastfeeding women with OUD



A presentation on Opiate Use Disorder in Pregnancy: Addressing Stigma can be found [here](#).

## Professional Resources

### Pregnant and Parenting Women with Opioid Use Disorder (OUD)

American College of Obstetricians  
<https://www.acog.org/topics/opioids>

Florida Perinatal Quality Collaborative (FPQC) – includes MORE Tool Box, presentations and webinars  
Maternal Opioid Recovery Effort ([MORE](#))  
<https://health.usf.edu/publichealth/chiles/fpqc/MORE>

### Trauma Informed Care

National Council for Behavioral Health Fostering Resilience and Recovery: A Change Package for Advancing Trauma-Informed Primary Care  
[https://www.thenationalcouncil.org/wp-content/uploads/2019/12/FosteringResilienceChangePackage\\_Final.pdf?dof=375ateTbd56](https://www.thenationalcouncil.org/wp-content/uploads/2019/12/FosteringResilienceChangePackage_Final.pdf?dof=375ateTbd56)

Center for Health Care Strategies (CHCS) Trauma Informed Care  
<https://www.chcs.org/topics/trauma-informed-care/>

### Health Equity

March of Dimes consensus statement: *BIRTH EQUITY FOR MOMS AND BABIES: Advancing social determinants pathways for research, policy and practice*  
<https://www.marchofdimes.org/materials/Collaborative-HE-Workgroup-Consensus-Statement.pdf>

### Stigma

March of Dimes – Beyond Stigma: Do your part to reduce stigma (so moms and babies get the support they need) <https://beyondlabels.marchofdimes.org/>

## Educational Materials for Pregnant and Parenting Women/Families

[You are the Best Treatment for Your Baby! *<insert when finalized>*]

Florida Perinatal Quality Collaborative, Maternal Opioid Recovery Effort ([MORE](#))  
[HOPE Brochure](#) for pregnant and postpartum women diagnosed with OUD - Created by the FPQC team with expertise caring for women with OUD. Special thanks to the women with OUD who provided valuable input into MORE HOPE!

SAMHSA

[Treating Opioid Use Disorder During Pregnancy](#)

[Treating Babies Who Were Exposed to Opioids Before Birth](#)

[Good Care for You and Your Baby While Receiving Opioid Use Disorder Treatment](#)

# SBIRT Toolkit

## Screening Brief Intervention and Referral to Treatment (SBIRT)

SBIRT is an evidence-based practice used to identify, reduce, and prevent problematic use, abuse, and dependence on alcohol and illicit drugs. SBIRT consists of 3 components:

1. Screening — All pregnant women should be universally screened for substance use/abuse using a brief, validated screening tool; and based on the results, the appropriate intervention/treatment can be determined.
2. Brief Intervention — For women at moderate risk for substance use problems, evidence supports the effectiveness of a healthcare professional engaging in conversation, providing feedback and offering advice focused on increasing the woman's awareness about substance use.
3. Referral to Treatment — If more intensive substance use disorder services are needed, the health care professional provides a quick referral to specialty SUD treatment.

## SBIRT Overview

Council on Patient Safety in Women's Health - National Collaborative on Maternal OUD From the Education Workgroup - ACOG/ Alliance for Innovation in Maternal Health (AIM) Project OUD Screening

<https://safehealthcareforeverywoman.org/wp-content/uploads/2018/08/AIM-Screening-Slides.pdf>

## SBIRT Standardized Assessment Forms – recommended for pregnant women

Integrated 5P's- Original 5P's questions with 3 additional questions related to tobacco use, emotional health, and domestic violence and brief intervention.

<https://ilpqc.org/ILPQC%202020%2B/MNO-OB/5ps-institute-for-health-and-recovery-integrated-screening-tool.pdf>

## Original 5P's

<https://ilpqc.org/wp-content/docs/toolkits/MNO-OB/5Ps-Screening-Tool-and-Follow-Up-Questions.pdf>

[CRAFTT](https://craftt.org) - Interview and self-administered versions in several languages (effective with 12-21 year old)

<https://craftt.org/get-the-craftt/>

## NIDA-Modified Assist online screening tool

[https://archives.drugabuse.gov/nmassist/#:~:text=NIDA%2DModified%20ASSIST%20\(NM%20ASSIST\)&text=This%20tool%20guides%20clinicians%20through,the%205%20As%20of%20intervention](https://archives.drugabuse.gov/nmassist/#:~:text=NIDA%2DModified%20ASSIST%20(NM%20ASSIST)&text=This%20tool%20guides%20clinicians%20through,the%205%20As%20of%20intervention). This tool guides clinicians through a series of questions to identify risky substance use in their adult patients. The accompanying resources assist clinicians in providing patient feedback and arranging for specialty care, where necessary, using the 5 As of intervention.



SBIRT Training Online

Indiana University SBIRT@IUSM

Course 1: Understanding SBIRT (OBGYN Version) (Introductory)

<http://iusbirt.org/course-1-obgyn-full-version/>

ACOG District II Podcast

<https://www.acog.org/community/districts-and-sections/district-ii/programs-and-resources/medical-education/opioid-use-disorder-in-pregnancy>

SBIRT Training with CME Credit

<https://sbirt.clinicalencounters.com/>

Brief Intervention

- [The Ineffective Physician](#)
- [The Effective Physician](#)

# Office-Based Opioid Treatment (OBOT) Certification

## Overview:

Office-Based Opioid Treatment (OBOT) removes barriers to medication-assisted treatment (MAT) for pregnant women. OBOT programs have proven to be effective, confidential, accessible and safe when used with engaged and motivated pregnant women. OBOT allows qualified practitioners with a Drug Addiction Treatment Act of 2000 (DATA) waiver to dispense or prescribe buprenorphine. Qualified providers include physicians, nurse practitioners (NPs), physician assistants (PAs), clinical nurse specialists (CNSs), certified registered nurse anesthetist (CRNAs), and certified nurse-midwives (CNMs).

## Medication:

Buprenorphine can be prescribed as a take-home prescription or administered on site. Referrals should still be made to wrap around substance use disorder counseling and other behavioral health services. Pregnant women who are candidates for buprenorphine treatment, should be inducted and maintained on the buprenorphine monoproprietary. The efficacy of buprenorphine/naloxone combination product is unknown.

## Certification:

Office Based Opioid Therapy (OBOT): ASAM/ACOG certification for OB's interested in providing office-based opioid therapy (OBOT). This course, with an OB/GYN focus, covers all medications and treatments for opioid use disorder, and provides the required education needed to obtain the waiver to prescribe buprenorphine. The curriculum for this course has been specifically designed for women's healthcare providers and is offered in collaboration with ACOG.

<https://www.asam.org/education/live-online-cme/waiver-qualifying-training/ob-gyn-focus>

Reference: Kraus, M. L., Alford, D. P., Kotz, M. M., Levounis, P., Mandel, T. W., Meyer, M., ... Wyatt, S. A. (2011, December). Statement of the American Society of Addiction Medicine Consensus Panel on the use of buprenorphine in office-based treatment of opioid addiction. *Journal of Addiction Medicine*, 5(4), 254–263.