

Emergency Earthquake Plan
Stay calm at the first sign of an earthquake

Instruct any patients and staff to duck and cover under a sturdy desk, table, or other furniture.

Hold onto it and be prepared to move with it.

Stay clear of windows.

Do not try to use stairs or elevators while the building is shaking or while there is danger of being hit by glass or falling debris.

Do not rush outside or crowd exits.

After earthquake, check for any employee or patient injuries.

- A.** If injured person is not breathing, open the airway. If still not breathing, begin rescue breathing.
- B.** If person is bleeding, put pressure over the wound.
- C.** Do not attempt to move seriously injured persons unless they are in immediate danger of further injury.

Immediately clean up any spilled medicines, drugs, or other potentially harmful materials.

Office first aid kit is located _____

Flashlights are located _____

Examine the area for fire hazards and call **911** if there is a fire hazard.

Outdoor meeting place is _____

Approved by: _____ Date: _____