

HEDIS® Tips:

Antidepressant Medication Management (AMM)

MEASURE DESCRIPTION

The percentage of members 18 years of age and older who were treated with antidepressant medication, had a diagnosis of major depression and who remained on an antidepressant medication treatment. Two rates are reported:

1. Effective Acute Phase Treatment: The percentage of members who remained on an antidepressant medication for at least 84 days (12 weeks).
2. Effective Continuation Phase Treatment: The percentage of members who remained on an antidepressant medication for at least 180 days (6 months).

CODES INCLUDED IN THE CURRENT HEDIS® MEASURE

Description	Code
Major Depression	ICD-10: F32.0-F32.4, F32.9, F33.0-F33.3, F33.41, F33.9
BH Outpatient Visits	CPT®: 98960-98962, 99078, 99201-99205, 99211-99215, 99241-99245, 99341-99345, 99347-99350, 99381-99387, 99391-99397, 99401-99404, 99411, 99412, 99483, 99492-99494, 99510 HCPCS: G0155, G1076, G1077, G0409, G0463, G0512, H0002, H0004, G0031, H0034, H0036, H0037, H0039, H0040, H2000, H2010, H2011, H2013-H2020, T1015 UBREV: 0510, 0513, 0515-0517, 0519-0523, 0526-0529, 0900, 0902-0904, 0911, 0914-09117, 0919, 0982, 0983
Telephone Visits	CPT®: 98966, 98967, 98968, 99441, 99442, 99443
Telehealth Modifier	95, GT with POS: 02

ANTIDEPRESSANT MEDICATIONS

Description	Prescription
Miscellaneous Antidepressants	Bupropion, Vilazodone, Vortioxetine
Phenylpiperzine Antidepressants	Trazodone, Nefazodone
Psychotherapeutic Combinations*	Amitriptyline-chlordiazepoxide, Amitriptyline-perphenazine, Fluoxetine-olanzapine
SNRI Antidepressants	Desvenlafaxine, Duloxetine, Venlafaxine, Levomilnacipran
SSRI Antidepressants	Citalopram, Escitalopram, Fluoxetine, Fluvoxamine, Paroxetine, Sertraline
Tetracyclic Antidepressants	Maprotiline, Mirtazapine
Tricyclic Antidepressants	Amitriptyline, Amoxapine, Clomipramine, Desipramine, Doxepin (>6mg), Imipramine, Nortriptyline, Protriptyline, Trimipramine
Monoamine Oxidase Inhibitors	Isocarboxazid, Selegiline, Phenelzine, Tranylcypromine

*Please submit a request for coverage when prescribing psychotherapeutic combination medications.

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HOW TO IMPROVE HEDIS® SCORES

- Schedule **telephone** and/or **telehealth** appointments to diagnose patients with major depression and prescribe and/or refill antidepressant medication.
- Provide enough refills as appropriate (3 months, 6 months, etc.).
- Educate patients on the following:
 - Provide reassurance that depression is common and can be treated.
 - Most antidepressants take one to six weeks to work before the patient starts to feel better.
 - In many cases, sleep and appetite improve first while improvement in mood, energy and negative thinking may take longer.
 - The importance of staying on the antidepressant for a minimum of six months.
 - Strategies for remembering to take the antidepressant on a daily basis.
 - The connection between taking antidepressants and signs and symptoms of improvement.
 - Common side effects, how long the side effects may last and how to manage them.
 - What to do if the patient has a crisis or has thoughts of self-harm.
 - What to do if there are questions or concerns.
- Remember your patient may be eligible for Medication Therapy Management if they have at least eight chronic medications and at least three qualifying diagnoses. Contact the Care Coordination/Case Management Department within your affiliated Molina Healthcare for additional information.
- Recommend/make referral to a Molina in-network therapist who can help treat and encourage medication compliance. Depression is best treated with antidepressant medication in conjunction with psychotherapy.
- Consider injectable antidepressants if medication adherence is an issue for your patient.

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